



ROTHAY MANOR

HOTEL & RESTAURANT

Rothay Bridge, Ambleside, Cumbria LA22 0EH

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Proprietor Nigel Nixon





ROTHAY MANOR AUTUMN WALKS

OCTOBER 2012



THE HOTEL

Set in its own grounds 1/4 mile from the head of Lake Windermere and 5 minutes from the centre of Ambleside, the Manor was built in 1825 as a private residence, and the drawing rooms and candlelit dining room are still those of an elegant Regency house. Owned and run by the Nixon family for over 40 years, it has gained a reputation as one of the country's leading small Country House Hotels, being recommended in all the leading guides for the excellence of its service and cuisine whilst retaining a relaxed, friendly atmosphere.

All 19 bedrooms are en-suite with most having bath and separate shower. Individually decorated, they are spacious and comfortable with TV, tea and coffee making facilities, hairdryers, telephone and central heating.

A choice of well appointed Classic rooms; Superior rooms - most of which have a balcony overlooking the garden; Suites - for those requiring more space and privacy. There is accommodation to suit everyone including families, wheelchair users and others with mobility issues.



The hotel restaurant has a long-standing reputation for excellent food and wine and is one of only 6 hotels to have been listed in the Good Hotel Guide since it began. Head Chef Jane Binns uses fresh local produce wherever possible to produce delicious, imaginative yet traditional menus and the hotel is well-known for the excellent Afternoon Tea.

Cumbria Tourism Award 2010 Finalist for 'Small Hotel of the Year' and 'Access for All' and 2008 'Taste Awards'.

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Email: hotel@rothaymanor.co.uk

Web: www.rothaymanor.co.uk/walking



AUTUMN WALKS

OCTOBER 21ST - 26TH 2012

Sunday

Our introductory walk takes us to the delightful summit of Todd Crag which gives stunning views down to Windermere.

Monday

We travel north the scenic shores of Ullswater Lake, Dockray and Dowthwaite Head. Striders have a strenuous walk across Matteredale Great Common and onto the 856 meter summit of Great Dodd with spectacular views of the northern fells. A superb ridge walk takes us onto Watson Dodd and Sty Barrow Dodd before descending via Sticks Pass (the highest pass in the Lake District) to our rendezvous point at Legburthwaite overlooking the shores of Thirlmere.

Strollers will also start at Dowthwaite Head and a gentler stroll takes us along the historic Old Coach Road under the sharp crags of White Pike and Threlkeld Knotts with fine views north across the valley looking towards Blencathra and Skiddaw. The final part of the walk is down the picturesque valley of St Johns in The Vale to meet up with the striders.



Tuesday

Starting at New Dungeon Ghyll in the magnificent Langdale Valley, the striders will climb to Stickle Tarn and onto the summit of Pavey Arc. Decent via Blea Rigg, with fantastic panoramic views of the central fells, following the ridge eastward towards the inspiring Easdale Tarn and into Wordsworth's Grasmere.

The Strollers begin their walk at the Old Dungeon Ghyll beneath the towering Langdale Pikes and follow the Cumbria Way to Elterwater for a pub lunch. The afternoon stroll takes us onto the fells above Elterwater with picturesque views looking in to the Vale of Grasmere, our destination.

Wednesday

After an early start we travel west to Cumbria's fine West Coast. Striders will scale Muncaster Fell giving superb views of the Scafell Range, the Western and Central pikes and the Irish Sea. A welcome pub lunch awaits before a brisk afternoon walk to Blea Tarn deep in the memorable Eskdale Valley.

Striders will also start at Muncaster taking a more sedate stroll skirting the side of Muncaster Fell towards the lush Eskdale Valley for a pub lunch. The afternoon stroll takes us deeper into the valley with unforgettable views of the Scafell Range.

Thursday

Striders will travel north-east to the isolated and haunting Haweswater and start a strenuous climb up the sharp ridge of Rough Crag and onto High Street with memorable panoramic views of the finest of the eastern fells. Following the route of the ancient Roman Road we descend gently into Beatrix Potter's Troutbeck Park and to the 17c historic village of Troutbeck.

Strollers will travel east into the scenic and isolated valley of Longsleddale to take a memorable stroll along one of Cumbria's ancient pack horse routes. Half-way is the hamlet of Kentmere, with its church and ancient Pele Tower, which has been used by travellers for centuries. After lunch we will continue westward over the famous Garburn Pass leading us to Troutbeck

Leaders

Tom McCafferty is a Blue Badge Guide based in the south west of Cumbria. He is a native Cumbrian, born in Maryport and since retiring as a Police Sergeant in 2000 he has been guiding professionally. As well as walking Tom is a driver guide and member of the Institute of Tourist Guiding, The Guild of Registered Tourist Guides, Cumbria Tourist Guides and The Association of Driver Guides. He possesses a dry West Cumbrian sense of humour and enjoys sharing his interest in local history, culture, poetry and the many literary connections with the Lake District.



Anne Strange has been guiding since 1992 and has led guided walks in the Lake District and Scotland. She has been a member of the mountain rescue team for many years and has travelled extensively - walking and climbing in the Himalayas and the Alps. She is a trained mountain leader & first aider, and her other interests are cycling and local history.



Prices

Classic Double or Twin	£680
Superior Double or Twin	£750
Double or Twin Suite	£780
Single - Gunroom	£720
Classic Double let as Single	£810
Superior Double let as Single	£890

The holiday runs from Sunday afternoon through to Friday morning, and the prices are per person and include full English breakfast, morning coffee, lunch (Monday - Thursday), 3-course dinner, transport and VAT @ 20%.

Non-walking partners are welcome, and the cost for them is £80 less than above.

A deposit of £150 per person is required, which can be made by cheque or card, which is non-refundable unless the room is subsequently re-let. Cancellation insurance is available.



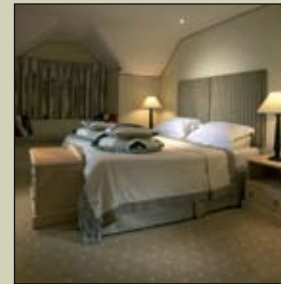
Rothay Manor is a privately owned Country House hotel in the heart of the Lake District, set in one and a half acres of beautifully landscaped gardens.

Owned and personally managed by the Nixon family for nearly 40 years, the hotel has long been renowned for the warm hospitality, comfort and personal service which is complemented by excellent cuisine.



WHERE GUESTS FEEL THEY ARE AT HOME

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Each of the bedrooms and suites are individually designed, combining both traditional and modern furnishings. All rooms are en-suite with generous bath towels and fine quality toiletries, telephone, television, hair drier, tea and coffee making facilities and all are non-smoking.

Of the 16 bedrooms seven are superior rooms, most with a balcony overlooking the garden and views to the fells beyond.

There are 3 spacious suites, ideal for families or those who prefer extra privacy, two of which are in the grounds close to the main building, while the Fairfield Suite is situated in the new wing.

The Loughrigg Suite and a ground floor bedroom are fully accessible for wheelchair users.

The 'Honeymoon Package' or 'Celebration Package' makes Rothay Manor the ideal place to celebrate any special occasion.

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Rothay Manor's restaurant continues to win many accolades, and the cuisine is complemented by a personally compiled wine list with fine wines from around the world.

The chef sources fresh, local produce wherever possible and menus are prepared with flair and imagination to the highest of standards.

Dining at Rothay Manor – whether for lunch, dinner or a private party - is treated as an experience to be savoured to the full and the dining room, with tables laid in a classical style, is elegant and spacious yet comfortable.



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A wide range of outdoor activities is available nearby - sailing on Lake Windermere, water sports, golf, riding the bridleways, cycling the National Parks cycle paths, mountain biking, fishing (the hotel has a free fishing permit), and of course, exploring the fells and lakeshores on foot for which we can provide a specially prepared picnic lunch.

For the less energetic, a gentle game of croquet or boules on the lawn; a day exploring Lake Windermere by ferry; or indulge in a pamper day at a nearby beauty suite, where guests also have complimentary membership of the leisure facilities at the Low Wood Club, 1½ miles from the hotel.

The heritage of the area is revealed in a variety of museums, art galleries, theatres and historic buildings – including the famous Bridge House in Ambleside.



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SPECIALISED HOLIDAYS - From autumn through to late spring a range of Special Interest Breaks is available:- Antiques, Bridge, Gardening, Lake District Heritage, Music, Painting and Walking.

CHRISTMAS & NEW YEAR - For the Festive Season we offer both a traditional 4-night Christmas House Party and a 3-night New Year House Party. Between Christmas and New Year, why not take advantage of our relaxing 3-night 'Post-Christmas Revival' break?

PRIVATE PARTIES - Whatever the occasion, Rothay Manor offers the perfect venue for a family celebration, with a private lounge and dining room for your exclusive use.

MEETINGS & CONFERENCES - For small, informal meetings & conferences the air-conditioned Brathay Room can accommodate up to 22 people.

Non-Residents are welcome for Morning Coffee, Lunch, Afternoon Tea and Dinner.

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