ROTHAY MANOR

Experiences

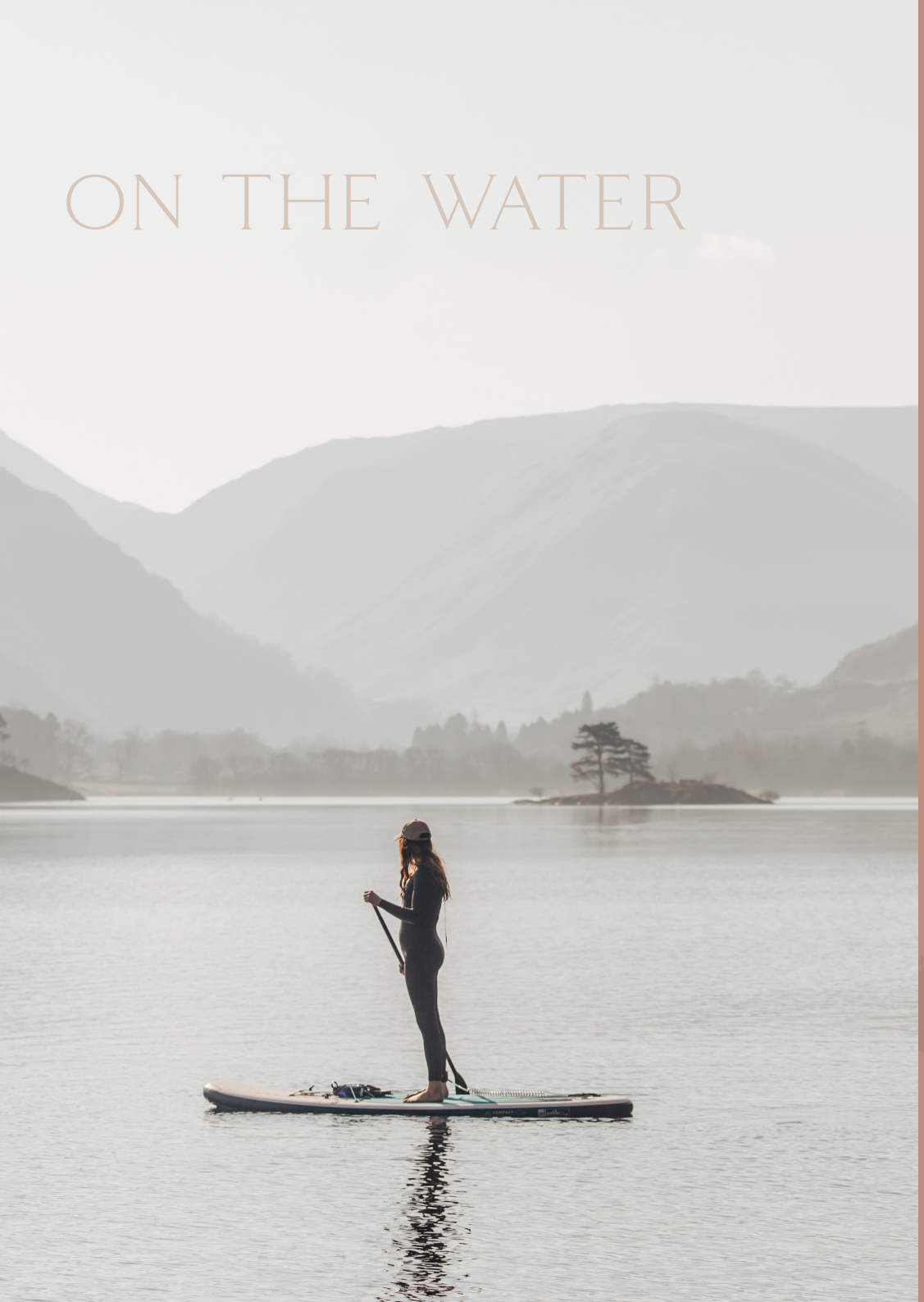
WELCOME

The Lake District offers a breathtaking array of experiences that blend natural beauty, outdoor adventure, and rich cultural heritage. Whether you're hiking the rugged fells like Scafell Pike or strolling around tranquil lakes like Windermere and Derwentwater, the scenery is unforgettable.

For outdoor enthusiasts, there's everything from kayaking, paddleboarding, and wild swimming to mountain biking and climbing. History lovers can explore charming villages, ancient stone circles, and the homes of literary icons like William Wordsworth and Beatrix Potter. Foodies will enjoy cozy pubs, Michelin-starred restaurants, and local delights like Cumberland sausage and sticky toffee pudding.

Whether you're after solitude and reflection or action and exploration, the Lake District promises a host of experiences that feel both grounding and exhilarating.

ON THE WATER



Guided Wild Swimming

Immerse yourself in some of the UK's most beautiful bodies of water- learn how to safely acclimatise mind and body to the cold temperatures, or for seasoned swimmers join a guided swim. Wild swimming in the Lake District is a truly unique experience with stunning scenery all around you.

Stand-up Paddleboarding

LakeSup offer a mobile paddleboard service in the Lake District where they will bring the board to Rothay Manor Hotel so you can head out on your own adventures. If you're new to paddleboarding they also offer tuition and guidance at their location at Lakeside to ensure your outdoor activity session is not only fun but also safe.

Sailing

Discover the magic of sailing on England's largest natural lake. Lake Windermere offers stunning views of rolling fells, charming villages, and peaceful waters — perfect for both beginners and experienced sailors. Join a sailing club, take a lesson, or charter a yacht and set sail on an adventure surrounded by nature's beauty.

For foodies

Foraging

Step off the beaten path and into nature's pantry. Guided by expert foragers, discover edible treasures hidden in ancient woodlands, lakeside meadows, and mossy hills. From wild garlic and bilberries to mushrooms and medicinal herbs, each season offers a new feast. Reconnect with the land, learn age-old skills, and savour the freshest ingredients the Lakes have to offer—straight from forest to fork.

Discover the spirit of the Lakes

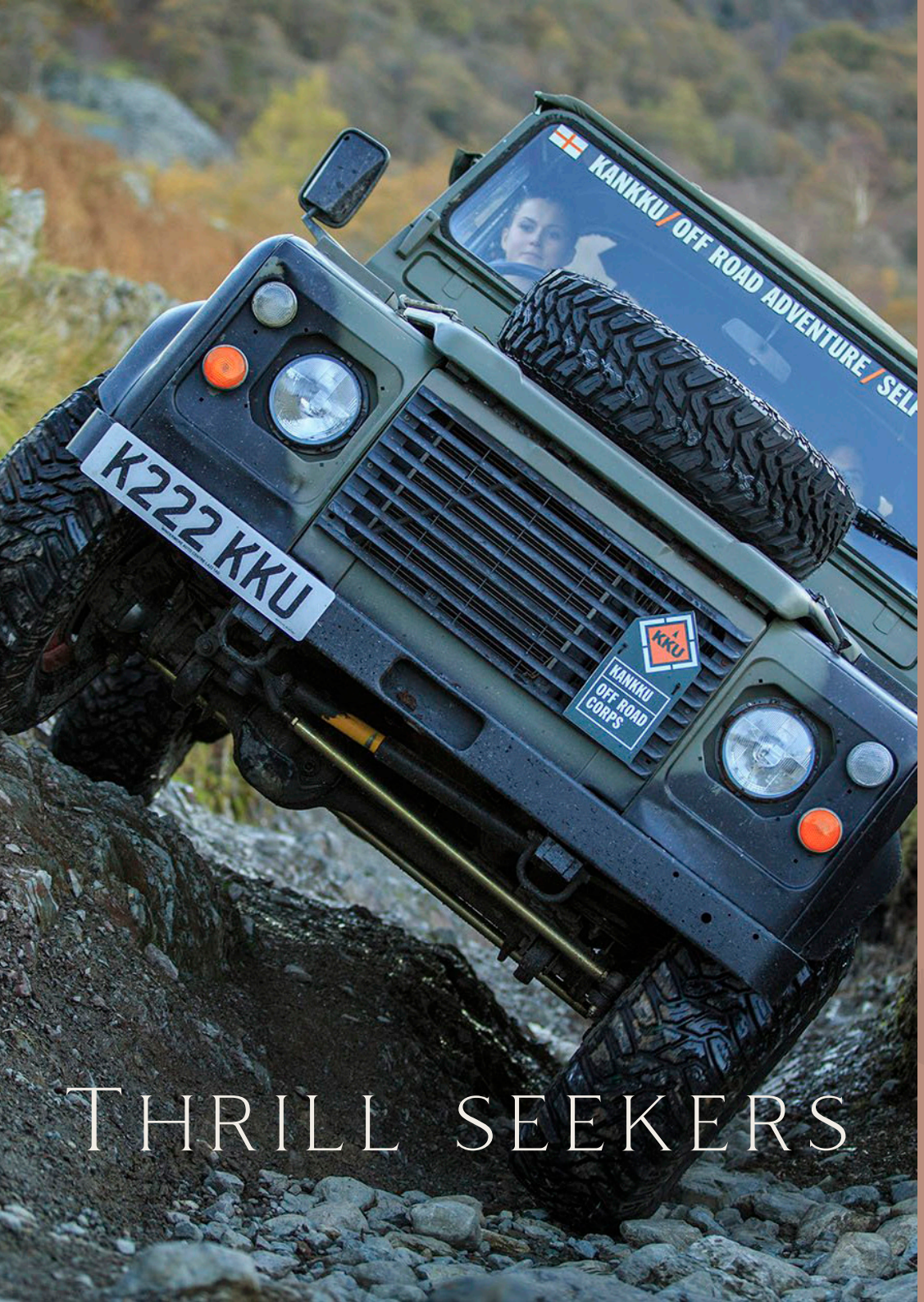
Uncover the secrets behind award-winning gins handcrafted in the heart of the Lake District. From lakeside grandeur to hidden hilltop sheds, each distillery offers a unique taste of local flavour, tradition, and craft. Enjoy immersive tours, hands-on gin-making experiences, and scenic surroundings that make every sip unforgettable. Raise a glass to adventure—your perfect gin journey starts here.

A taste of the land

Embark on a luxurious, small-group journey with Bowland & Bay. Meet artisan producers, sip award-winning gins, sample handmade cheeses, and savour seasonal delights—all against the backdrop of one of England's most beautiful landscapes. With every bite and story, Bowland & Bay brings the flavour of the North West to life.

Raise a glass to the Lakes

Step inside one of the Lake District's leading craft breweries and discover where mountain water meets masterful brewing. Nestled in the heart of Kendal, Bowness Bay Brewing offers a relaxed, behind-the-scenes tour of its working brewery—complete with generous tastings of their award-winning Lakeland ales and lagers. Learn the story behind each pint, soak up the atmosphere, and enjoy a fresh perspective on beer crafted with true Cumbrian character.



THRILL SEEKERS

Kankku - drive your own adventure

Take the wheel and explore the untamed side of the Lake District with Kankku's thrilling off-road experiences. In rugged 4x4 vehicles, you'll journey through hidden trails, rocky ridges, and wild terrain rarely seen by tourists. With expert guidance, you'll build real driving skills while immersing yourself in breathtaking scenery.

Honister - adventure on the edge

Dare to discover the dramatic heart of the Lake District at Honister Slate Mine. From heart-pounding Via Ferrata climbs and sky-high infinity bridges to deep mine tours steeped in history, Honister offers adrenaline and awe in equal measure. Set atop the rugged Honister Pass, this is where thrilling outdoor challenges meet one of England's last working slate mines. Whether you're climbing, exploring, or just taking in the views—you'll leave with a story worth telling.

Graythwaite Adventure

Set within the 5,000 acres of the Graythwaite Estate — from woodland trails to the shores of Lake Windermere — Graythwaite Adventure offers unforgettable outdoor experiences including 4x4 off-road driving, clay pigeon shooting, archery, axe throwing, bushcraft and seasonal RIB tours. All experiences are completely private, meaning it's just you and your group — no crowds, no pressure and no rushing — giving you the space to relax, connect and enjoy quality time together in a truly special setting.

CREATIVE

Cowshed Creative Workshops

Unleash your creativity in a beautifully converted Lakeland barn at Cowshed Creative. Surrounded by stunning mountain views, enjoy inspiring art and craft workshops led by talented local artists—from painting and printmaking to pottery and willow weaving. With delicious homemade lunches and a relaxed, welcoming atmosphere, it's the perfect rural retreat to learn new skills, connect with others, and let your imagination roam free.

Thuline - paint, create, be inspired

Discover your inner artist with Thuline's relaxed, hands-on workshops in the heart of Windermere. Guided by renowned local artist Thuline De Cock, you'll learn to capture character and expression—often through her signature animal portraits—using a range of creative techniques. Whether you're a total beginner or looking to grow your skills, these small, friendly sessions offer expert guidance in a welcoming studio setting.

Pure Lakes - craft your own natural soap

Step into the world of sustainable skincare with a hands-on soap-making workshop at Pure Lakes. Using natural ingredients and gentle essential oils, you'll learn to craft your own nourishing soaps from scratch—guided by the award-winning team behind one of the Lake District's most loved skincare brands. Creative, calming, and eco-conscious, it's the perfect way to take a little piece of the Lakes home with you.

TOURS

Guided Hikes

Explore the Lake District's most iconic landscapes with the help of a friendly, expert guide. From dramatic ridge walks like Striding Edge to classic routes like the Fairfield Horseshoe, Ambleside Adventures offers private and group hikes tailored to your ability and ambition. Leave the maps behind, soak up the scenery, and enjoy the freedom of the fells—safely and stress-free.

Mountain Goat Tours

Discover the hidden gems of the Lake District and beyond with Mountain Goat Tours. Sit back and relax in a luxury minibus as expert local guides take you off the beaten path—from secluded valleys and scenic mountain passes to charming villages and iconic landmarks. With small group sizes and thoughtfully crafted itineraries, it's the easiest way to explore more, without the crowds.

E-bike Safari

What better way to explore the stunning Lake District than by bike? E-Bike Safaris not only deliver comfortable e-bikes right to your door but also offer carefully curated routes for you to enjoy.
Each bike comes equipped with panniers, perfect for carrying shopping, extra clothing, or your own packed lunch. Plus, a phone mount on every bike makes navigation simple as you ride along picturesque country lanes and trails.

GOLF

It may not be a place that springs to mind when you think about golf, but the Lake District offers a truly stunning experience, combining beautiful courses with breathtaking natural scenery.

Windermere - 20 min drive

The 18-hole course features rolling landscapes, narrow fairways, rocky outcrops, and small USGA-spec greens, providing a fair challenge to golfers of all abilities.

Carus Green - 30 min drive

18-hole course featuring two-tier greens, strategic doglegs, and water hazards, including the meandering Rivers Kent, Mint, and Sprint.

Casterton - 45 min drive

The course comprises 2 par 3s, 6 par 4s, and 1 par 5 hole, each with unique characteristics that require thoughtful shot placement and course management.

Ulverston - 45 min drive

The 18-hole course features a variety of holes, including challenging par 3s and doglegs that require strategic shot placement. Notable holes include the 3rd, a 414-yard par 4 with a central mound, and the 17th, which presents a tough tee shot and approach.

Cockermouth - 45 min drive

The 18-hole course, with stunning vistas, features 13 par 4s, 4 par 3s, and 1 par 5 hole, with a variety of blind shots and undulating fairways that require strategic play.